# GovGuam Open Enrollment

Fiscal Year 2017





# **Buenas yan Hafa Adai!**

Thank you for the continued support and patronage of the Calvo's SelectCare Health Plan. Over fifteen years ago, we started providing healthcare coverage to GovGuam employees and retirees, and today we continue providing uninterrupted and improved services. The landscape of healthcare continues to evolve and change, and we continue to innovate and improve the benefits, services, and medical networks available to you.

During FY2017, you will be able to choose from two (2) plans: the SC1500 and the HSA2000. Below are some key features of the plans that are available to you.

- · Affordable premium rates
- Fitness Reward program
- · Wellness Rewards
- 100% coverage for Preventive Services without meeting the deductible in accordance with the United States Preventive Services Task Force (USPSTF), Grade A and B recommendations
- 100% Prenatal care coverage without having to meet the deductible
- 100% coverage with our gym partners: Custom Fitness, Paradise Fitness, Synergy Studios, and Unified for you and your eligible dependents
- Free membership in the Calvo's LifeStyle Club that provides you numerous savings and discounts at popular merchants on Guam
- 50% Air Ambulance discount
- Airfare to our Centers of Excellence for certain qualifying and pre-approved conditions

Our referral offices at the St. Luke's Medical Centers and The Medical City, Philippines, will continue providing superior services to our members. Through our website www.calvos.net, you are able to obtain claim payments, explanation of benefits, Summary of Benefits (SBC), and other pertinent information.

We hope that you will notice the many improvements that will take effect during the upcoming year, and we encourage you to participate in our customer surveys as they are an important tool in evaluating and improving our services. We thank you in advance for your continued support and for the trust that you and your family have placed with us.

Si Yu'us Ma'ase

# **Becoming a Member**

### **Eligibility Information**

In order to enroll in a Calvo's SelectCare health plan, you and your dependents must first meet the eligibility requirements defined in the agreement between Calvo's SelectCare and GovGuam.

You must complete an Enrollment Application and submit it with any other required documentation during an Open Enrollment period or within 30 days from the date you first become eligible for enrollment under the plan.

#### **Subscriber Eligibility Requirements**

- You must maintain legal residency in the Service Area. Calvo's SelectCare members must not be absent from the Service Area for more than 182 consecutive days.
- · You must be working at least 30 hours or more per week.

#### **Dependent Eligibility Requirements**

Aside from meeting the eligibility requirements set forth by your employer, family members are eligible for coverage as dependents provided they are:

- · Your legal spouse.
- Your domestic partner:
  - A domestic partner must be at least 18 years of age and must have lived with you for two consecutive years. A notarized affidavit is required.
  - A domestic partner may only be added during your employer's Open Enrollment Period or within 30 days from the date you first become eligible to enroll in the plan.
  - Children of a domestic partner, who are not your own children, are not eligible for coverage.
  - Married or unmarried dependent children under the age of 26 years.
- Off-island Dependent children or children who reside outside the Service area who are between the ages of 19 thru 25 years.
  - Coverage for off-island dependent children will terminate upon reaching the age of 26 years.
- For natural children with a different last name from your own, you must provide the following:
  - A copy of the birth certificate which verifies you as a parent, or
  - A notarized government Paternity Form which verifies you as a natural parent.
  - For other dependents such as step children, legally adopted children, and children you have been awarded legal guardianship, you must provide the following:
  - · Birth Certificate.
  - Parents' marriage certificate (when required).
  - Legal Guardianship must be for "Full Guardianship" and not limited or shared. A copy of the guardian's latest income tax filing or an affidavit stating that the dependent will be included in the guardian's next tax filing.
  - Court documentation signed by a judge ordering adoption or legal guardianship.
  - · Legal guardianship terminates no later than age 26.
  - Unborn children awarded for legal guardianship are not eligible for coverage.
- Your disabled dependent child who is beyond the limiting age may continue to be eligible provided they are incapable of self-sustaining employment due to mental retardation or physical disability.
  - Proof of total disability from a licensed medical physician is required upon enrollment.

- Proof of dependence, such as a copy of the subscriber's tax filing may be required.
- Q.M.C.S.O. or a copy of the qualified medical child support order must be provided. Children permanently residing outside the service area are only eligible to enroll in the plan if they qualify under the Q.M.C.S.O.

#### **Enrollment Period**

You may elect to enroll on any of these occasions.

- Initial Employment. You may enroll within 30 days from the date you first become eligible to enroll in the plan.
- Annual Open Enrollment Period designated by your employer.
- Special Enrollment Periods: Full-time employees and their eligible dependent(s) may enroll outside of open enrollment as a result of a Qualifying Event as defined by H.I.P.A.A. Under H.I.P.A.A. a Qualifying Event is an event that causes you to loose coverage in another health plan due to:
  - · Termination of spouse's coverage or death of your spouse.
  - Divorce, Annulment or Legal Separation from your spouse.
  - · Medicare or Medicaid eligibility ends.

A Special Enrollment opportunity also occurs if you acquire a new dependent through:

- · Birth or Adoption.
- Legal Guardianship.
- · Marriage.

Enrollment Applications or Change of Status (COS) Forms and any required documents must be submitted within 30 days following a Qualifying Event. If you have lost coverage in another health plan due to a Qualifying Event, you are also required to submit a H.I.P.A.A. Certificate of Creditable Coverage from your previous plan. Your previous plan is required to issue a H.I.P.A.A. Certificate to you in a timely manner.

Your coverage will begin on the first day of the first Premium Period following receipt of your Enrollment Application by Calvo's SelectCare.

For more information, please refer to the "Summary of Federally Mandated Programs" section of your Member this Handbook.

### Adding Dependents and Changes to your Coverage

You are able to enroll your new dependent(s), if you get married, obtain legal guardianship, adopt a child or have a newborn baby as long as they meet the eligibility requirements. Coverage begins on the first day of a Premium Period, however, coverage for newborn dependents begins at birth, and coverage for adopted dependents begins on the actual date of custody of the dependent.

If you do not enroll your dependents within the 30 day period from when they first become eligible, you would have wait to enroll them during your employer's next Open Enrollment Period.

To add dependents, you, as the subscriber must notify Calvo's SelectCare in the following manner:

- Complete a "Change of Status" Form (COS),
- · Complete a "Health Statement" Form (when required by the plan),
- · Submit all Required Documentation as outlined above,
- Make your request within 30 days of your dependent first becoming eligible.

### **Updating Your Information**

Your Enrollment Application contains pertinent information. This information is very important because it identifies you and your dependent(s) as eligible members. Please inform our Customer Service Department immediately of any error on your Member ID Card or any changes in name, address, phone numbers or email address.



# **Schedule of Benefits**

Your Benefits: What the plan covers	Participating Providers	Non-participating Providers	
Deductible Per Individual Member (Class 1)	\$2,000	\$4,000**	
Deductible Per Family (Classes 2-4)  # a member meets their \$2,600, the plan begins to pay for covered services for that individual	\$4,000	\$12,000**	
COVERAGE MAXIMUMS Individual member annual maximum	NONE	NONE	
OUT OF POCKET MAXIMUMS (including deductible and co-pays) Per Individual member per policy year Per Family per policy year	\$4,000 \$12,000	No Maximum No Maximum	
Any Services in the Philippines, Hawail, U.S. Mainland and any foreign participating providers (Pre-Certification Required)		Requires a Referral from your Doctor and approval in advance from the plan	

Deductible and Co-Pay do not apply to these benefits when you go to a Participating Provider	Participating Providers Deductible does not apply to this benefit	Non-participating Providers after Deductible is met.
PREVENTIVE SERVICES (Out-Patient Only) Includes Annual Preventive Exam and Preventive Lab Services In accordance with the guidelines established by the U.S. Preventive Services Task Force (USPSTF) Grades A and B recommendations (Guam and Philippines only)	Pian pays 100%	Not Covered
IMMUNIZATIONS/VACCINATIONS In accordance with the guidelines established by the Advisory Committee on Immunization Practices.	Plan pays 100%	Not Covered
PRE-NATAL CARE Including Routine Labs and 1st Ultrasound	Plan pays 100%	Not Covered
WELL-CHILD CARE Infancy (Newborn to nine months) Maximum 7 visits Early Childhood (One to four years old) Maximum 7 visits Middle Childhood / Adolescence (Five to seventeen years old) Maximum 1 visit per year In accordance with the Bright Futures / American Academy of Pediatrics recommendations for Preventive Pediatric Health Care	Plan pays 100%	Not Covered
<b>WELL-WOMAN CARE</b> In accordance with the guidelines supported by the Health Resources and Services Administration (HRSA), And the Women's Health and Cancer Act	Plan pays 100%	Not Covered

Deductible must be met for the following services	Participating Providers after Deductible is met:	Non-participating Provider after Deductible is met:
ACUPUNCTURE 30 visits per member per plan year	Plan pays 80% Member pays 20%	Not Covered
AIDS TREATMENT Exclusive of Experimental drugs	Plan pays 80% Member pays 20%	Not Covered
AIRFARE BENEFIT to Centers of Excellence only  For members who meet qualifying conditions, SelectCare provides roundtrip airfare (Plan Approval Required)	Plan pays 100%	Not Covered
ALLERGY TESTING \$1,000 per member per plan year	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 509
AMBULATORY SURGI-CENTER CARE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50
ANNUAL EYE EXAM Once Per Member per Plan Year	\$20 Member Co-Payment Covered in Guam only	Not Covered
BLOOD & BLOOD DERIVATIVES	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50
BREAST RECONSTRUCTIVE SURGERY (In accordance with 1998 W.H.C.R.A)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50
CARDIAC SURGERY	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50
CATARACT SURGERY Outpatient Only (including conventional lens)	Plan pays 80% Member pays 20%	Plan pays 50%° Member pays 50
CHEMICAL DEPENDENCY	Plan pays 80% Member pays 20%	Plan pays 50%" Member pays 50
CHÉMOTHERAPY BENEFIT	Plan pays 80% Member pays 20%	Plan pays 50%° Member pays 50
CHIROPRACTIC CARE 30 visits per member per plan year	Plan pays 80% Member pays 20%	Not Covered
CONGENITAL ANOMALY DISEASES COVERAGE	Plan pays 80% Member pays 20%	Not Covered
DIAGNOSTIC TESTING MRI, CT scan, and other diagnostic procedures (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50
DURABLE MEDICAL EQUIPMENT (DME) The lesser amount between the Purchase or Rental of crutches, walkers, wheelchairs, hospital beds, suction machines, nebulizer machine or oxygen and accessories when prescribed by a Physician standard CPAP, suction machines, or oxygen and accessories when prescribed by a Physician (Pre-Certification Required)	Plan pays 80% Member pays 20% of the total rental cost or Purchase	Not Covered

<sup>\*</sup> Eligible Charges for Non-Part Kipating Providers are limited to the lesser of actual tharges or Medicare's participating provider fee schedule in the geographic location where the service was rendered, unless otherwise provided in the Agreement. The Covered Person pays any excess above Eligible Charges. \*\* A separate deductible applies for services rendered by non-participating providers

Deductible must be met for the following services	Participating Providers after Deductible is met:	Non-participating Providers after Deduct ble is met
ELECTIVE SURGERY (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
EMERGENCY CARE  1. On/Off Island emergency facility, physician services, laboratory, X-rays  2. Ambulance Services (Ground Transportation Only)  For off-island emergencies, plan must be contacted and advised within 48 hours	Plan pays 80% Hember pays 20%	Plan pays 80%* Hember pays 20%
END STAGE RENAL DISEASE / HEMODIALYSIS	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
HEARING AIDS Maximum \$500 per member per plan year	Plan pays 80% Member pays 20%	Not Covered
HOSPITALIZATION & INPATIENT BENEFITS  1. Room & Board for a semi-private room, Intensive care, coronary care and surgery  2. All other inpatient hospital services including laboratory, x-ray, operating room, anesthesia and medication  3. Physician's hospital services	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
IMPLANTS Limited to cardiac pacemakers, heart valves, stents, intraocular lenses, orthopedic internal prosthetic devices (Limitations apply, please refer to contract)	Plan pays 80% Member pays 20%	Plan pays 50% * Member pays 50%
INHALATION THERAPY	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
MATERNITY CARE Labor and Delivery	Plan pays 80% Member pays 20%	Plan pays 70% Member pays 30%
MENTAL HEALTH CARE	Plan pays 80% Member pays 20%	Plan pays 50% Member pays 50%
NUCLEAR MEDICINE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%
OCCUPATIONAL THERAPY 20 Visits per Plan Year, (Pre-Certification Required)	Pian pays 80% Member pays 20%	Not Covered
ORGAN TRANSPLANT including, but not limited to: Heart, Lung, Liver, Kidney, Pancreas, Intestine, Bone Marrow, Cornea. Donor expenses are covered. (Pre-Certification Required)	Plan pays 80% Members pay 20%	Plan pays 70%* Member pays 30%
DRTHOPEDIC CONDITIONS Internal and External Prosthesis	Plan pays 80% Member pays 20%	Plan pays 50% Member pays 50%
DUTPATIENT PHYSICIAN CARE & SERVICES		
1. Primary Care visits 2. Specialist Care Visits 3. Urgent Care Centers 4. Voluntary Second Surgical Opinion 5. Home Health Care Visit (Pre-Certification Required) 6. Hospice Care in Guam only, maximum 180 days at a maximum of \$150 per day (Pre-Certification Required) 7. Outpatient Laboratory 8. X-Ray Services 9. Injections (Does not include those on the Specialty Drugs List and Orthopedic injections)	\$20 Member Co-Payment \$40 Member Co-Payment \$10 Member Co-Payment \$40 Member Co-Payment Plan pays 100% \$40 Member Co-Payment \$20 Member Co-Payment \$20 Member Co-Payment \$20 Member Co-Payment	Plan pays 50%* Member pays 50% Not Covered Plan pays 50%* Member pays 50%
PHYSICAL THERAPY (Pre-Certification Required)	Plan pays 80% for the first 20 visits and 50% thereafter	Plan pays 50%* Member pays 50%
PRESCRIPTION DRUGS	\$15 Member Co-Payment	
. Formulary Generic Drugs per prescription unit 2. Prescribed Over-The-Counter Drugs (Guam only)	(30 day supply) \$15 Member Co-Payment	
5. Formulary Brand Name Drugs per prescription unit	(30 day supply) \$30 Member Co-Payment	Plan pays 50%
Mail Order	(30 day supply)  Co-Payment waived	of Average Wholesale Price
. Non-Formulary (Medically Necessary Only and Pre-Certification Required)	\$30 Member Co-Payment (30 day supply)	
Specialty Drugs (Medically Necessary Only and Pre-Certification Required)	\$60 Member Co-Payment	Not Covered
ADIATION THERAPY (Pre-Certification Required)	(30 day supply) Plan pays 80% Member pays 20%	Plan pays 50%* Hember pays 509
OBOTIC SURGERY/ROBOTIC SUITE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Membe pays 30%
KILLED NURSING FACILITY Maximum 60 days per member per plan year (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 509
ILEEP APNEA Diagnostics and Therapeutic Procedure (Pre-Certification Required)	Plan pays 80% Member pays 20%	Not Covered
Vasectomy (Outpatient Only)	Plan pays 80% Member pays 20%	Plan pays 50% Member pays 503
VISION CARE Hardware up to \$150	Plan pays 80% Member pays 20%	Plan pays 50%* Member pays 50%

Additional Benefits: What the plan covers	Participating Providers	Non-participating Providers after Deductible is met.
WELLNESS Wellness Benefit at a Wellness Center 1. Dr. Horinouchi's Wellness Clinic 2. Guam SDA Wellness Center	Plan pays 80% of the first \$200 Member pays 20% of the first \$200 Plan pays 50% of charges thereafter	Not Covered
Fitness Benefit: Deductible not required		
Custom Fitness     Paradise Fitness Center     Synergy Studios     Unified	Plan pays 100%	Not Covered

<sup>\*</sup> Eligible Charges for Non-Participating Providers are limited to the lesser of actual charges or Medicare's participating provider fee schedule in the geographic location where the service was rendered, unless otherwise provided in the Agreement. The Covered Person pays any excess above Eligible Charges. \*\* A separate deductible applies for services rendered by non-participating providers



# **Schedule of Benefits**

Your Benefits: What the plan covers	Participating Providers	Non-participating Providers
Deductible Per Individual Member (Class 1)	\$1,500	\$3,000**
Deductible Per Family (Classes 2-4) If a member meets their \$1,500, the plan begins to pay for covered services for that individual	\$3,000	\$9,000**
COVERAGE MAXIMUMS  ndividual member annual maximum	NONE	NONE
OUT OF POCKET MAXIMUMS (including deductible and co-pays) Per individual member per policy year Per Family per policy year	\$3,000 \$9,000	No Maximum
Any Services in the Philippines, Hawall, U.S. Mainland and any foreign participating providers (Pre-Certification Required)	Requires a Referral from your Doctor and approval in advance from the plan	

Deductible and Co-Pay do not apply to these benefits when you go to a Participating Provider	Participating Providers Deductible does not apply to this benefit	Non-participating Providers after Deductrble is met.
PREVENTIVE SERVICES (Out-Patient Only) Includes Annual Preventive Exam and Preventive Lab Services in accordance with the guidelines established by the U.S. Preventive Services Task Force (USPSTF) Grades A and B recommendations (Guam and Philippines only)	Plan pays 100%	Not Covered
IMMUNIZATIONS/VACCINATIONS In accordance with the guidelines established by the Advisory Committee on Immunization Practices.	Plan pays 100%	Not Covered
PRE-NATAL CARE including Routine Labs and 1st Ultrasound	Plan pays 100%	Not Covered
WELL-CHILD CARE Infancy (Newborn to nine months) Maximum 7 visits Early Childhood (One to four years old) Maximum 7 visits Middle Childhood / Adolescence (Five to seventeen years old) Maximum 1 visit per year In accordance with the Bright Futures / American Academy of Pediatrics recommendations for Preventive Pediatric Health Care	Plan pays 100%	Not Covered
WELL-WOMAN CARE In accordance with the guidelines supported by the Health Resources and Services Administration (HRSA), And the Women's Health and Cancer Act	Plan pays 100%	Not Covered

Deductible does not apply to these benefits when you go to a Participating Provider (co-payments do not accrue towards deductible)	Participating Providers  Geductible does not apply to this benefit	Non-participating Providers after Deductible is met:
ANNUAL EYE EXAM Once Per Member per Plan Year	\$20 Member Co-Payment Covered in Guam only	Hot Covered
OUTPATIENT PHYSICIAN CARE & SERVICES  1. Primary Care visits 2. Specialist Care Visits 3. Urgent Care Centers 4. Voluntary Second Surgical Opinion 5. Home Health Care Visit (Pre-Certification Required) 6. Hospice Care in Guam only, maximum 180 days at a maximum of \$150 per day (Pre-Certification Required) 7. Outpatient Laboratory 8. X-Ray Services 9. Injections (Does not include those on the Specialty Drugs List and Orthopedic injections)	\$20 Member Co-Payment \$40 Member Co-Payment \$10 Member Co-Payment \$40 Member Co-Payment Plan pays 100% \$40 Member Co-Payment \$20 Member Co-Payment \$20 Member Co-Payment \$20 Member Co-Payment	Plan pays 70%" Member pays 30% Plan pays 70%" Member pays 30%
PRESCRIPTION DRUGS 1. Formulary Generic Drugs per prescription unit	\$15 Member Co-Payment (30 day supply)	
2. Prescribed Over-The-Counter Drugs (Guarn only)	\$15 Hember Co-Payment (30 day supply)	
3. Formulary Brand Name Drugs per prescription unit	\$30 Member Co-Payment (30 day supply)	Plan pays 50% of Average Wholesale Price
4. Mail Order	Co-Payment waived	
5. Non-Formulary (Medically Necessary Only and Pre-Certification Required)	\$30 Member Co-Payment (30 day supply)	
6. Specialty Drugs (Medically Necessary Only and Pre-Certification Required)	\$60 Member Co-Payment (30 day supply)	Not Covered
VISION CARE Hardware up to \$150	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%

Deductible must be met when you go to a Participating and Non-Participating Provider	Participating Providers after Deductible is met:	Non-participating Providers after Deductible is met.
ACUPUNCTURE 30 visits per member per plan year	Plan pays 80% Hember pays 20%	Not Covered
AIDS TREATMENT Exclusive of Experimental drugs	Plan pays 80% Hember pays 20%	Not Covered
AIRFARE BENEFIT to Centers of Excellence only  For members who meet qualifying conditions, SelectCare provides roundtrip airfare (Plan Approval Required)	Plan pays 100%	Not Covered

<sup>\*</sup> Eligible Charges for Non-Participating Providers are limited to the lesser of actual charges or Medicare's participating provider fee schedule in the geographic location where the service was rendered, unless otherwise provided in the Agreement. The Covered Person pays any excess above Eligible Charges. \*\* A separate deductible applies for services rendered by non-participating providers

Deductible must be met when you go to a Participating and Non-Participating Provider	Participating Providers after Deductible is met.	Non-participating Providers after Deductible is met:
ALLERGY TESTING \$1,000 per member per plan year	Plan pays 80% Member pays 20%	Plan pays 70%" Hember pays 30%
MBULATORY SURGI-CENTER CARE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Hember pays 30%
ILOOD & BLOOD DERIVATIVES	Plan pays 80% Hember pays 20%	Plan pays 70%* Member pays 30%
REAST RECONSTRUCTIVE SURGERY (In accordance with 1998 W.H.C.R.A)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
ARDIAC SURGERY	Plan pays 80% Hember pays 20%	Plan pays 70% Member pays 30%
ATARACT SURGERY Outpatient Only (including conventional lens)	Pian pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
HEMICAL DEPENDENCY	Plan pays 80% Member pays 20%	Plan pays 70%" Hember pays 30%
HEMOTHERAPY BENEFIT	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
HIROPRACTIC CARE 30 visits per member per plan year	Plan pays 80% Member pays 20%	Not Covered
ONGENITAL ANOMALY DISEASES COVERAGE	Plan pays 80% Member pays 20%	Not Covered
IAGNOSTIC TESTING MRI, CT scan, and other diagnostic procedures (Pre-Certification Required)	Plan pays 80% Hember pays 20%	Plan pays 70%* Member pays 30%
DURABLE MEDICAL EQUIPMENT (DME)  the lesser amount between the Purchase or Rental of crutches, walkers, wheelchairs, hospital beds, suction machines, ebulizer machine or oxygen and accessories when prescribed by a Physician standard CPAP, suction machines, or oxygen	Plan pays 80% Member pays 20% of the total rental cost or Purchase	Not Covered
and accessories when prescribed by a Physician (Pre-Certification Required)		
LECTIVE SURGERY (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70% Member pays 30%
MERGENCY CARE On/Off Island emergency facility, physician services, laboratory, X-rays Ambulance Services (Ground Transportation Only) or off-island emergencies, plan must be contacted and advised within 48 hours	Plan pays 80% Hember pays 20%	Plan pays 80%* Member pays 20%
END STAGE RENAL DISEASE / HEMODIALYSIS	Plan pays 80% Member pays 20%	Plan pays 70%* Hember pays 30%
HEARING AIDS Maximum \$500 per member per plan year	Plan pays 80% Member pays 20%	Not Covered
HOSPITALIZATION & INPATIENT BENEFITS  1. Room & Board for a semi-private room, intensive care, coronary care and surgery  2. All other inpatient hospital services including laboratory, x-ray, operating room, anesthesia and medication  3. Physician's hospital services	Plan pays 80% Member pays 20%	Plan pays 70% * Hember pays 30%
MPLANTS  imited to cardiac pacemakers, heart valves, stents, intraocular lenses, orthopedic internal prosthetic devices (Limitations apply, please refer to contract)	Plan pays 80% Hember pays 20%	Plan pays 50%* Member pays 50%
NHALATION THERAPY	Plan pays 80% Member pays 20%	Plan pays 70%° Member pays 30%
MATERNITY CARE Labor and Delivery	Plan pays 80% Hember pays 20%	Plan pays 70% Member pays 30%
MENTAL HEALTH CARE	Plan pays 80% Hember pays 20%	Plan pays 70% Member pays 30%
NUCLEAR MEDICINE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%" Member pays 30%
OCCUPATIONAL THERAPY 20 Visits per Plan Year. (Pre-Certification Required)	Pian pays 80% Hember pays 20%	Not Covered
ORGAN TRANSPLANT including, but not limited to: Heart, Lung, Liver, Kidney, Pancreas, Intestine, Bone Marrow, Cornea.  Donor expenses are covered. (Pre-Certification Required)	Plan pays 80% Hembers pay 20%	Plan pays 70%* Member pays 30%
ORTHOPEDIC CONDITIONS Internal and External Prosthesis	Plan pays 80% Member pays 20%	Plan pays 70%* Hember pays 30%
PHYSICAL THERAPY (Pre-Certification Required)	Plan pays 80% for the first 20 visits and 50% thereafter	Plan pays 70%* Hember pays 30%
RADIATION THERAPY (Pre-Certification Required)	Plan pays 80% Hember pays 20%	Plan pays 70%* Member pays 30%
ROBOTIC SURGERY/ROBOTIC SUITE (Pre-Certification Required)	Plan pays 80% Member pays 20%	Plan pays 70%* Member pays 30%
SKILLED NURSING FACILITY Maximum 60 days per member per plan year (Pre-Certification Required)	Plan pays 80% Hember pays 20%	Plan pays 70%* Member pays 30%
SLEEP APNEA Diagnostics and Therapeutic Procedure (Pre-Certification Required)	Plan pays 80% Member pays 20%	Not Covered
STERILIZATION PROCEDURES  1. Vasectomy (Outpatient Only)	Plan pays 80% Member pays 20%	Plan pays 70% Member pays 30%

Additional Benefits: What the plan covers	Participating Providers	Non-participating Providers after Deductible is met
WELLNESS Wellness Benefit at a Wellness Center	Plan pays 80% of the first \$200 Member pays 20% of the first \$200	Not Covered
Dr. Horinouchi's Wellness Clinic     Guam SDA Wellness Center	Plan pays 50% of charges thereafter	
Fitness Benefit: Deductible not required		
1. Custom Fitness 2. Paradise Fitness Center 3. Synergy Studios 4. Unified	Plan pays 100%	Not Covered

<sup>\*</sup> Eligible Charges for Non-Participating Providers are limited to the lesser of actual charges or Medicare's participating provider fee schedule in the geographic location where the service was rendered, unless otherwise provided in the Agreement. The Covered Person pays any excess above Eligible Charges. \*\* A separate deductible applies for services rendered by non-participating providers

# **Medical Exclusions and Limitations**

Applies to all plans

- No benefits will be paid for Injury or Illness, (a) when the Covered Person is entitled to receive disability benefits or compensation (or forfeits his or her right thereto) under Worker's Compensation or Employer's Liability Law for such Injury or Illness or (b) when Services for an Injury or Illness are rendered to the Covered Person by any federal, state, territorial, municipal or other governmental instrumentality or agency without charge, or (c) when such Services would have been rendered without charge but for the fact that the person is a Covered Person under the Plan.
- No benefits will be paid if any material statement made in an application for coverage, enrollment of any Dependent or in any claim for benefits is false. Upon identifying any such false statement, Company shall give the Covered Person at least 30 days notice that his or her benefits have been suspended and that his or her coverage is to be terminated. If the false statement is fraudulent or is an intentional misrepresentation of a material fact, such termination shall be retroactive to the date coverage was provided or continued based on such fraudulent statement or intentional misrepresentation of material fact. If the false statement was not a fraudulent statement or intentional misrepresentation of material fact, termination of coverage shall be effective no earlier than the date of the suspension. The Covered Person may dispute any termination of coverage by filing a claim under the PPACA Claims Procedure for internal or external appeals provided in \$6.7 of this Certificate. If an appeal under §6.7 is filed, the resolution of the matter shall be in accordance with the outcome of the appeal proceedings. If no appeal is filed for any retroactive termination and the Company paid benefits prior to learning of any such false statement, the Subscriber must reimburse the Company for such payment. Terminations of coverage shall be handled in accordance with the applicable claims procedure requirements of Section 2719 of the PHSA, as added by PPACA. Retroactive terminations of coverage shall not violate the applicable prohibitions on rescissions of Section 2712 of the PHSA, as added by PPACA, and recessions shall be handled in compliance with PPACA's applicable claim denial requirements.
- 3. No benefits will be paid for confinement in a Hospital or in a Skilled Nursing Facility if such confinement is primarily for custodial or domiciliary care. (Custodial or domiciliary care includes that care which consists of training in personal hygiene, routine nursing services and other forms of self care. Custodial or domiciliary care also includes supervisory services by a Physician or Nurse for a person who is not under specific medical or surgical treatment to reduce his or her disability and to enable that person to live outside an institution providing such care.) Company and not Covered Person shall be liable if the Company approves the confinement, regardless of who orders the service.
- No benefits will be paid for nursing and home health aide services provided outside of the home (such as in conjunction with school, vacation, work or recreational activities)
- No benefits will be paid for private Duty Nursing. This provision does not apply to Home Health Care.
- No benefits will be paid for special medical reports, including those not directly related to treatment of the Member. (e.g., Employment or insurance physicals, and reports prepared in connection with litigation.)
- 7. No benefits will be paid for services required by third parties, including but not limited to, physical examinations, diagnostic services and immunizations in connection with obtaining or continuing employment, obtaining or maintaining any license issued by a municipality, state, or federal government, securing insurance coverage, travel, school admissions or attendance, including examinations required to participate in athletics, except when such examinations are considered

- to be part of an appropriate schedule of wellness services.
- No benefits will be paid for court ordered services, or those required by court order as a condition of parole or probation.
- No benefits will be paid for Services and supplies provided to a Covered Person for an Injury or Illness resulting from an attempted suicide by that Covered Person unless resulting from a medical condition (including physical or mental health conditions) or from domestic violence.
- 10. No benefits will be paid for Services and supplies provided in connection with intentionally self-induced or intentionally self-inflicted injuries or illnesses unless resulting from a medical condition (including physical or mental conditions) or from domestic violence.
- No benefits will be paid for Services and supplies provided to a Covered Person for Injuries incurred while the person was committing a criminal act.
- 12. Unless otherwise specifically provided in the Agreement, no benefit will be paid for, or in connection with, airfare and the Company will not pay for the transportation from Guam to any off-island facility, nor for any other non-medical expenses such as taxes, taxis, hotel rooms, etc. In no event will the Company pay for air ambulance or for the transportation of the remains of any deceased person.
- No benefits will be paid for living expenses for Covered Persons who
  require, or who of their own accord seek, treatment in locations removed
  from their home.
- 14. No benefits will be paid for Services and supplies provided to a dependent of a non-Spouse Dependent. Dependents of non-Spouse Dependents are not eligible for coverage. For example, when a Dependent, other than a Spouse of the Subscriber, has a child, that child is a dependent of a non-Spouse Dependent and is not eligible to become covered under the Plan, unless such child otherwise becomes eligible for enrollment.
- No benefits will be paid for home uterine activity monitoring.
- 16. No benefits will be paid for services performed by an immediate family member for which, in the absence of any health benefits coverage, no charge would be made. Immediate family member is defined as parents, spouses, siblings, or children of the insured member.
- 17. No benefits will be paid for treatment of occupational injuries and occupational diseases, including those injuries that arise out of (or in the course of) any work for pay or profit, or in any way results from a disease or injury which does. If a Member is covered under a Workers' Compensation law or similar law, and submits proof that the Member is not covered for a particular disease or injury under such law, that disease or injury will be considered "nonoccupational" regardless of cause. The Covered Benefits under the Group Health Insurance Certificate for Members eligible for Workers' Compensation are not designed to duplicate any benefit to which they are entitled under Workers' Compensation Law. All sums payable for Workers' Compensation services provided under the Group Health Insurance Certificate shall be payable to, and retained by Company. Each Member shall complete and submit to Company such consents, releases, assignments and other documents reasonably requested by Company in order to obtain or assure reimbursement under the Workers' Compensation Law
- 18. No benefits will be paid for:
  - a. Đrugs or substances not approved by the Food and Drug Administration (FDA), or
  - Drugs or substances not approved by the FDA for treatment of the illness or injury being treated unless empirical clinical studies have proven the benefits of such drug or substance in treating the illness or injury, or

19. No benefits will be paid for experimental or Investigational Procedures, or ineffective surgical, medical, psychiatric, or dental treatments or procedures, research studies, or other experimental or investigational health care procedures or pharmacological regimes unless deemed medically necessary by the patient's physician, are associated with a qualifying clinical trial per PPACA regulations, and pre-authorized by the Company.

Per PHSA sec. 2709(a)(2), added by PPACA sec 10103(c), the plan must pay for items and services furnished in connection with approved clinical trials, and cannot exclude such items and services based on an exclusion for experimental or investigational treatments. The requirement mandates coverage of all medically necessary charges associated with the clinical trial, such as physician charges, labs, X-rays, professional fees and other routine medical costs.

An approved clinical trial is defined as:

- Phase I, Phase II, Phase III, or Phase IV clinical trial.
- Being conducted in relation to the prevention, detection or treatment for Cancer or other life threatening disease or condition, and
- · Is one of the following:
- A federally funded or approved trial.
- A clinical trial conducted under an FDA investigational new drug application.
- A drug trial that is exempt from the requirement of an FDA investigational new drug application.
- No benefits will be paid for services or supplies related to Genetic Testing except as may be required by the PPACA.
- 21. No benefits will be paid for Services and supplies provided to perform transsexual surgery or to evaluate the need for such surgery. Evaluations and subsequent medications and Services necessary to maintain transsexual status are also excluded from coverage, as are complications or medical sequelae of such surgery or treatment.
- 22. No benefits will be paid for injuries incurred by the operator of a motorized vehicle while such operator is under the influence of intoxicating alcoholic beverage, controlled drugs, or substances. If a blood alcohol level or the DRAEGER ALCO TEST is available and shows levels that are equal to or exceed 0.08 grams percent (gms%) or that exceed the amount allowed by law as constituting legal intoxication, no benefits will be paid.
- 23. No benefits will be paid for any medical Service or supply which is available to the Covered Person on Guam and which is paid by or reimbursable through a governmental agency or institution. However, notwithstanding the aforesaid, in no event will the Company consider the availability of benefits under Medicaid or Medically Indigent Program when paying benefits under this Agreement.
- 24. No benefits will be paid for dental services including but not limited to, services related to the care, filling, removal or replacement of teeth and treatment of injuries to or diseases of the teeth, dental services related to the gums, apicoectomy (dental root resection), orthodontics, dental splint and other dental appliances, root canal treatment, soft tissue impactions, alveolectomy, augmentation, and vestibuloplasty, treatment of periodontal disease, false teeth, prosthetic restoration of dental implants, maxillary and mandible implants (osseointegration) and all related services, removal of impacted teeth, bite plates, orthognathic surgery to correct a bit defect. This exclusion does not apply to:
  - Removal of bony impacted teeth, bone fractures, removal of tumors, and biopsy or excision of oral cysts.
  - b. Emergency Services stabilize an acute injury to sound natural teeth, the jawbone or surrounding structures, if provided within 48 hours of the injury or as required by PPACA to stabilize and treat a PPACA Emergency.
  - Surgical treatment of TMJ as described in the Covered Benefits Section "Temporomandibular Joint Syndrome (TMJ) Services".

- d. Dental anesthesia when provided according to the conditions described in the Covered Benefits Section, "Limited General Anesthesia for Dental Procedures".
- Procedures deemed medically necessary by patient's physician and pre-authorized by Company.
- No benefits will be paid in connection with elective abortions unless Medically Necessary.
- 26. No benefits will be paid for vision care services, including orthoptics (a technique of eye exercises designed to correct the visual axes of eyes not properly coordinated for binocular vision), lasik, keratoplasty, and radial keratotomy, including related procedures designed to surgically correct refractive errors except as provided in the Covered Benefits section of the Group Health Insurance Certificate and the Schedule of Benefits
- 27. No benefits will be paid for services and supplies in connection with surgery for the purpose of diagnosing or correcting errors in refraction except as provided in the Schedule of Benefits.
- No benefits will be paid in connection with any injuries sustained while the Covered Person is operating any wheeled vehicle during an organized, off-road, competitive sporting event.
- 29. No benefits will be paid for personal comfort or convenience items, including those services and supplies not directly related to medical care, such as guest meals and accommodations, barber services, telephone charges, radio and television rentals, homemaker services, travel expenses, take-home supplies.
- 30. No benefits will be paid for hypnotherapy.
- No benefits will be paid for religious, marital and sex counseling, including services and treatment related to religious counseling, marital/ relationship counseling, and sex therapy.
- 32. No benefits will be paid for cosmetic Surgery, or other services intended primarily to improve the Member's appearance or treatment relating to the consequences of, or as a result of, Cosmetic Surgery. This exclusion does not apply to:
  - Medically Necessary reconstructive surgery as described in the Covered Benefits sections Mastectomy and Reconstructive Breast Surgery or Reconstructive Surgery.
  - b. Surgery to correct the results of injuries causing an impairment;
  - Surgery as a continuation of a staged reconstruction procedure, including but not limited to post-mastectomy reconstruction;
  - d. Surgery to correct congenital defects necessary to restore normal bodily functions, including but not limited to, cleft lip and cleft palate.
- No benefits will be paid for routine foot/hand care, including routine reduction of nails, calluses and corns.
- 34. Except as otherwise provided in this agreement, no benefit will be paid for specific non-standard allergy services and supplies, including but not limited to, skin titration (wrinkle method), cytotoxicity testing (Bryan's Test), treatment of non-specific candida sensitivity, and urine autoinjections.
- 35. No benefits will be paid for Services and supplies associated with growth hormone treatment unless the Covered Person is proven to have growth hormone deficiency using accepted stimulated growth hormone analyses and also shows an accelerated growth response to growth hormone treatment. Under no circumstances will growth hormone treatment be covered to treat short stature in the absence of proven growth hormone deficiency.
- No benefits will be paid for Services and supplies provided for liposuction.
- No benefits will be paid for weight reduction programs, or dietary supplements, except as pre-authorized by Company for the Medically Necessary treatment of morbid obesity.

- No benefits will be paid for any drug, food substitute or supplement or any other product, which is primarily for weight reduction unless medically necessary.
- 39. Except as provided in this Agreement, or unless medically necessary for the treatment of Morbid Obesity or other disease, no benefit will be paid for gastric bypass, stapling or reversal if for the purpose of weight reduction or aesthetic purposes.
- No benefits will be paid for surgical operations, procedures or treatment of obesity, except when pre-authorized by Company.
- No benefits will be paid for the treatment of male or female Infertility, including but not limited to:
  - The purchase of donor sperm and any charges for the storage of sperm;
  - The purchase of donor eggs and any charge associated with care of the donor required for donor egg retrievals or transfers or gestational carriers;
  - Charges associated with cryopreservation or storage of cryopreserved embryos (e.g. office, hospital, ultrasounds, laboratory tests, etc.);
  - d. Home ovulation prediction kits:
  - Injectable Infertility medications, including but not limited to, menotropins, hCG, GnRH agonists, IVIG;
  - f. Artificial Insemination, including in vitro fertilization (IVF), gamete intrafallopian tube transfer (GIFT), zygote intrafallopian tube transfer (ZIFT), and intracytoplasmic sperm injection (ICSI), and any advanced reproductive technology ("ART") procedures or services related to such procedures;
  - g. Any charges associated with care required for ART (e.g., office, Hospital, ultrasounds, laboratory tests, etc.);
  - Donor egg retrieval or fees associated with donor egg programs, including but not limited to fees for laboratory tests;
  - Any charge associated with a frozen embryo transfer including but not limited to thawing charges;
  - j. Reversal of sterilization surgery; and
  - k. Any charges associated with obtaining sperm for ART procedures.
- 42. Except as provided in this Agreement, no benefits will be paid for the purchase or rental of durable or disposable medical equipment and supplies, other than for equipment and supplies used in a Hospital or Skilled Nursing Facility or in conjunction with an approved Hospital or Skilled Nursing Facility confinement, or items covered as preventive care under well-women coverage such as breastfeeding supplies in accordance with reasonable medical management techniques, or as otherwise noted in the Agreement.
- 43. No benefits will be paid for household equipment, including but not limited to, the purchase or rental of exercise cycles, water purifiers, hypo-allergenic pillows, mattresses or waterbed, whirlpool or swimming pools, exercise and massage equipment, central or unit air conditioners, air purifiers, humidifiers, dehumidifiers, escalators, elevators, ramps, stair glides, emergency alert equipment, handrails, heat appliances, improvements made to a Member's house or place of business, and adjustments to vehicles.
- 44. No benefits will be paid for outpatient supplies (except diabetic supplies), including but not limited to, outpatient medical consumable or disposable supplies such as syringes, incontinence pads, and elastic stockings.
- No benefits will be paid for Services and supplies provided for penile implants of any type.
- No benefits will be paid for Services and supplies to correct sexual dysfunction.

- 47. Except as specifically provided, if a benefit is excluded, all Hospital, surgical, medical treatments, prescription drugs, laboratory services, and x-rays in relation to the excluded benefits are also excluded as of the time it is determined that the benefit is excluded.
- Except as specifically provided in this Agreement, no benefits will be provided for Services and supplies not ordered by a Physician or not Medically Necessary.
- 49. No benefits will be paid for temporomandibular joint disorder treatment (TMJ) including treatment performed by prosthesis placed directly on the teeth except as covered in the Covered Benefits Section
- Except as specifically provided in this Agreement, no benefits will be paid for corrective appliances, artificial aids and durable equipment.
- No benefits will be paid for Services for which the Covered Person or Subscriber is not legally obligated to pay.
- 52. No benefit will be paid for ambulance services when used for routine and convenience transportation to receive outpatient or inpatient services, unless deemed medically necessary with prior authorization obtained from Company.
- 53. No benefit will be paid for elective or voluntary enhancement procedures, surgeries, services, supplies and medications including, but not limited to, hair growth, hair removal, hair analysis, sexual performance, athletic performance, anti-aging, and mental performance, even if prescribed by a Physician.
- 54. No benefits will be paid for hospital take-home drugs.
- 55. No benefits will be paid for fees for any missed appointments or voluntary transfer of records as requested by the Covered Person.
- 56. No benefits will be paid for educational services. Special education, including lessons in sign language to instruct a Member, whose ability to speak has been lost or impaired, to function without that ability, are not covered.
- 57. No benefits will be paid for Intelligence, IQ, aptitude ability, learning disorders, or interest testing not necessary to determine the appropriate treatment of a psychiatric condition.
- 58. No benefits will be paid for Psychoanalysis or psychotherapy credited toward earning a degree or furtherance of education or training regardless of diagnosis or symptoms or whether providing or receiving the Service.
- No benefits will be paid for non-medically necessary services, including but not limited to, those services and supplies:
  - a. Which are not Medically Necessary, for the diagnosis and treatment of illness, injury, restoration of physiological functions, or covered preventive services;
  - That do not require the technical skills of a medical, mental health or a dental professional;
  - Furnished mainly for the personal comfort or convenience of the Member, or any person who cares for the Member, or any person who is part of the Member's family, or any Provider;
  - furnished solely because the Member is an inpatient on any day in which the Member's disease or injury could safely and adequately be diagnosed or treated while not confined;
  - Eurnished solely because of the setting if the service or supply could safely and adequately be furnished in a Physician's or a dentist's office or other less costly setting.
- 60. As required by HIPAA, no source-of-injury exclusion, such as exclusion #28 for off-road sporting events, will apply if the accident resulted from an act of domestic violence or a medical condition (including both physical and mental health conditions).



# **Schedule of Benefits**

our Benefits: Subject to the Specific limitations which are contained in the Group Health Certificate, SelectCare pays.	Participating Providers	Non-participating Provide
lagnostic & Preventive Care		
Caries Susceptibility Test		
Exams (including Treatment Plan) (Once every 6 months)		
Fluoride Treatment (Annually for children age 19 & under)		
Prophylaxis (Cleaning of teeth) once every 6 months		
Sealants (For permanent molars of children age 15 & under)	100% of Eligible Expenses	70% of Eligible Expenses
Space maintainers (For children age 15 & under) includes adjustments within 6 months of installation		
Study Models		
X-rays (Bite Wing Maximum of 4 per Plan Year)		
X-rays (Full Mouth, once every 3 years)		
asic & Restorative Care		
eneral Services		
Emergency Care (During office hours)		
Pulp Treatment	the second second	
Routine Fillings (Silver & composite resin)	The state of the s	
Simple Extractions		
Complicated Extractions	80% of Eligible Expenses	70% of Eligible Expenses
Extraction of impacted teeth		
Periodontal Prophylaxis (Cleaning once every 6 months)		CARL LAND
Periodontal Treatment		
Pulpotomy & Root Canals/Endodontic Surgery and Care		
). Conscious Sedation and Nitrous Oxide for children under the age of 13	The second second	
lajor & Replacement Care		
ixed Prosthetics	100	
Crowns		
Gold Inlays & Onlays		
Replacement of Crown Restoration (Once every 5 years)		
emovable Prosthetics	50% of Eligible Expenses	35% of Eligible Expenses
Full Dentures (Once every 5 years)	20 to at Philipse Exhanges	2014 AT MIRINIE EVICES
Partial Dentures (Once every 5 years)		
Each anethesia, but only if medically or dentally necessary	The second of the last	
Relines		
. Denture Repair		
eductible educti	None	None
legistration Fee Per Visit To Dentist	None	None
overage Maximums	DESCRIPTION OF THE PARTY	1,000

### Terms

- 1. Unused balances are not transferable to the following year,
- 2. Charges for Non-participating Providers are limited to the lesser of actual charges of the Company's determination of the usual, customary and resonable charge in geographic location where the service was rendered, unless otherwise provided in the agreement.
- 3. The Covered member pays any excess above Eligible Charges.



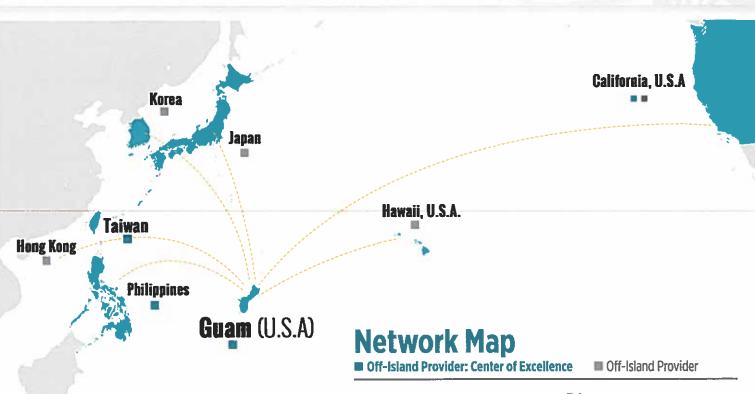
### No benefits will be paid for:

- Work in progress on the effective date of coverage. Work in progress is defined as:
  - A prosthetic or other appliance, or modification of one, where an impression was made before the patient was covered.
  - A crown, bridge, or cast restoration for which the tooth was prepared before the patient was covered.
  - Root canal therapy, if the pump chamber was opened before the patient was covered.
- Services not specifically listed in the Agreement, Services not
  prescribed, performed or supervised by a Dentist, Services which are
  not medically or dentally necessary or customarily performed, Services
  that are not indicated because they have a limited or poor prognosis,
  or Services for which there is a less expensive, professionally acceptable
  alternative.
- 3. Any Service unless required and rendered in accordance with accepted standards of dental practice.
- 4. A crown, cast restoration, denture or fixed bridge or addition of teeth to one, if work involves a replacement or modification of a crown, cast restoration, denture or bridge installed less than five years ago or one that replaces a tooth that was missing before the date of the Covered Person became eligible for Services under the plan (including previously extracted missing teeth).
- 5. Replacement of existing dentures, crowns or fixed bridgework if the existing dentures, crowns or fixed bridgework can be made serviceable
- Precision attachments, Interlocking device, one component of which is
  fixed to an abutment or abutments the other is integrated into a fixed
  or removable prosthesis in order to stabilize and/or retain it; or stress
  breakers, part of a tooth borne and/or tissue-borne prosthesis designed
  to relieve the abutment teeth and their supporting tissues from harmful
  stresses.
- Replacement of any lost or stolen appliance, or replacement of any appliance damaged while not in the mouth.
- Any Service for which the Covered Person received benefits under any other coverage offered by the Company.
- 9. Spare or duplicate prosthetic devices.
- 10. Services included, related to, or required for:
  - a. Implants;
  - b. Cosmetic purposes;
  - Services or appliances to change the vertical dimension or to restore or maintain the occlusion, including but not limited to, equilibrium, full mouth rehabilitation and restoration for malalignment of teeth;

- Temporomandibular joint (TMJ) or craniomandibular disorders, myofunctional therapy or the correction of harmful habits;
- e. Experimental procedures; and
- Intentionally self inflicted injury unless resulting from a medical condition (including physical or mental conditions) or from domestic violence.
- 11. Any over the counter drugs or medicine.
- 12. Fluoride varnish.
- 13. Charges for finance charges, broken appointments, completion of insurance forms or reports, providing records, oral hygiene instruction, pit and fissure sealants and dietary instruction, or lack of cooperation on the part of the patient.
- Charges in excess of the amount allowed by the Plan for a Covered Service.
- Any treatment, material, or supplies which are for orthodontic treatment, including extractions for orthodontics.
- Services for which no charge would have been made had the Agreement not been in effect.
- 17. All treatments not specifically stated as being covered.
- 18. Surgical grafting procedures.
- General anesthetic, conscious sedation, and other forms of relative analgesia, except as otherwise specifically provided herein.
- 20. Services paid for by Workers' Compensation.
- Charges incurred while confined as an inpatient in a Hospital unless such charges would have been covered had treatment been rendered in a dental office.
- 22. Treatment and/or removal of oral tumors.
- 23. All surgical procedures except for surgical extractions of teeth and periodontal surgeries Performed by a Dentist. Surgical procedure is defined as the surgical and adjunctive treatment of diseases, injuries, and deformities of the oral and maxillofacial region.
- 24. Panoramic x-ray if provided less than three (3) years from the Covered Person's last full mouth x-rays; and full mouth x-rays if provided less than three (3) years from the Covered Person's last panoramic x-ray.

# Our large provider network offers comprehensive choices to quality providers for our members:

Local, National, and International access to thousands of doctors, hospitals, dental and vision care providers.







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### California

Doctors Medical Center of Modesto Good Samaritan Hospital Long Beach Memorial Medical Center St. Vincent Medical Center White Memorial Medical Center

Advanced Urology Medical Group
Anaheim Global Medical Center
Cedars-Sinai Medical Center
Chapman Global Medical Center
Children's Hospital of Los Angeles
Orange County Global Medical Center
South Coast Global Medical Center
St. John's Health Center

### **Philippines**

Cardinal Santos Medical Center Manila Doctors Hospital National Kidney and Transplant Institute St. Luke's Medical Center: Global City St. Luke's Medical Center: Quezon City

The Medical City: Clark Freeport Zone, Pampanga

The Medical City: Molo, Iloilo City
The Medical City: Pasig City, Manila

### Taiwan

China Medical University Hospital Shin Kong Wu Ho-Su Memorial Hospital Talwan Adventist Hospital

### Hawaii

Kaplolani Women & Children's Hospital Straub Clinic and Hospital The Cancer Center of Hawaii University Clinical Education Research Associates

### **Hong Kong**

Hong Kong Adventist Hospital

### Japan

Kameda Medical Center

### Korea

Samsung Medical Center

# Providers: Participating Guam Doctors, Dentists and Clinics

Providers may change from time to time, we encourage you to call our customer service department.

### Doctors

Allergist/immunologist Tolosa-Gloria, Caroline -VISITING

Arnesthesia De Guzman, Fernan\* Head, David Lim, Reynald Lopez, Virgilio

Cardlology Inaba, Yoichl\* Kim, Byungsoo\* Ouiros, Juan\* - VISITING Sekhar, Aravind Yousufi, Umair

E.N.T. (Otorhinolaryngology) Castro, Jerry\* Hahn, Jason

Endocrinology Alford, Erika\* Arakawa, Timothy\* Innerfield, Ronald Rubio, Joel\*

**Family Practice** Adolphson, Arania Akimoto, Vincent® Beckett, Mary Biewenga, Melissa Bryson, Julie® Campus, Hieu\* Cruz, Luis\* Dombrowski, Chris\* Esteba, April\* Flores, Lisa\* Frickel, Wendy Galgo, Geoffrey Gerling, William\* Liu, Min Shern Loder, Bryce Lom, Jitka Lombard, Gabriel Lujan, Davina

MacLean, Wendy Marzullo, William Massey, Joel McCreedy, Sam Miyagl, Shishin<sup>4</sup> Namm, Julie\* Nguyen, Hoa Van\* Nguyen, Luan Nozaki, James K.\* Richardson, Ian Samanlego, Maria Santos, Patrick Schroeder Jr., Edmund\* Silan, Rodolfo Terlaje, Ricardo\* Weare, William W.

Geriatrics Llu, Pei-Chang Ouhadi, Faraz\* Santos, Mary Grace Schroeder Jr., Edmund\*

Hematology Coty, Paul\* Friedman, Samuel Sanchez-Varela, Ana

Infectious Disease Medicine Magcalas, Edgardo\* Ursales, Anna Leigh\*

Internal Medicine
Alford, Erika\*
Alfy, Insaf
Arcilla, Leopoldo\*
Cabrera, Felix\*
Chang, Young
Chenet, Alix
Cruz, Jeffrey\*
Cruz, Olivia
DeGuzman, Eugene
Dela Cruz, Reynaldo
Dore, Michael
Duenas, Vincent A.
Duenas, Vincent A.

Gilbert, Russell\* Guzman, Pablo lampornpipopchai, Pichet Inaba, Yoichi\* lobal, Ruml<sup>4</sup> Jungtrakoolchai, Vasin Kallingal, Matilda Kang, Jiyeong\* Lim, Doris\* Lim Jr., Johnny Lizama, Florencio Larry T.\* Magcalas, Edgardo Nerves, Robert C. Ouhadl, Faraz\* Preston, Donald\* Rengaraju, Brinda Rengaraju, Ramasamy Rubio, Joel\* Safa, Saled Samonte, Romeo\* Santos, Mary Grace Taitano, John Ray Thompson, Tyler Ursales, Anna Leigh\*

Villa, Eden **Neonatology** Alano, Maria Beaver, Bryan Numpang, Ben

Uv. Clarence

Nephrology DeGuzman, Eugene Iampornplpopchai, Pichel Nerves, Robert C. Philips, Sherif\* Safa, Saied

Neurology Carlos, Ramei\* Hale, Justin\* Slattery, Michael

Bez, Ellen

Bieling, Friedrich\*
Bordallo, Annie IJ.
Freeman, William
Gabel, Jeffrey P.
Griley, Edmund
Hirata, Greigh - VISITING
Jensen, Faye\*
Miller, Vanessa\*
Sidell, Jonathan\*
Shieh, Thomas
Walton, Kimberly

Oncology Au, Kin-Sing\* Coty, Paul\* Friedman, Samuel Guzman, Pablo Huang, Chen\* Ko, Song-Chu Sanchez-Varela, Ana

Ophthalmology Burton, Gregory P. DeBenedictis, Marjorie\* Flowers, Charles Jack, Robert\* Lombard, Peter\* Margalit, Eyal Ng, Eugene\* - VISITING Pang, Pierre - VISITING Parks, David - VISITING Smith, Anthony Wresh, Robert\*

Orthopedics Arafiles, Ruben\* Cunningham, Glenn\* Galang, Carmelino Klm, Andrew

Pain Management De Guzman, Fernan\*

Pediatrics Austin, David Beaver, Bryan Blancaflor, Maria Carrera, Yolanda Domalanta, Dina Fojas, Milliecor Ford, Brian Garcia, Antonio Garrido, John Kringel, Janelle Unsangan, Gladys Manaloto, Cristina McDonnell, Emily Oiso, Akio Santos, Edna Sarmiento, Dennis Shimabukuro, Kozue

Podiatry Damian-Borja, Theresa\* Minah, Sarah Pullium, Christopher Sangalang, Melinda\* Silan, Noel\*

Um. Michael

**Preventive Care** Horinouchl, Keith Silvers, Michael

Pulmonology Madantschi, Mohammad -VISITING

Putmonology/Critical Care Aguon, Joleen\* Gilbert, Russell\*

Gonzalez-Huertas, Jose

Radiology Berg, Nathaniel\* De Jesus, Dennis Hu, Ningmei Khandelwal, Ashish\* Lizama, Vincent Mallikarjunappa, M.K. Martinez, Roberto\* Mudd, Michael Packianathan, Xavier Schneider, Michael Shay, Jeffery\* Spak, Eric\* Taylor, Laura\* Thorisson, Hjalti Young, John

Sleep Medicine Barthlen, Gabriele\* Slattery, Michael

Surgery- General Cruz, Michael\* Eusebio, Ricardo 8.\* Go, Peter Hughes, Melany im, Sunggeun\* Kobayashi, Ronald\* LeVeen, Eric Medina, Daniel Rahmani, Kia\* Sandy, Gisella Saw, Enc\*

Surgery- Hand & Microsurgery Landstrom, Jerone\*

Surgery- Neurological Hayashida, Steven Taniguchi, Raymond\* - VISITING Weingarten, David

Surgery- Plastic & Reconstructive Fegurgur, John\*

Surgery- Vascular Eusebio, Ricardo\* Kobayashi, Ronald\*

Urology Fenton, Ann' Petero, Virgilio' Wound Care

Acuna, Edna<sup>4</sup>

### Dentists

Lyons, Clifford

General Dentistry Brady, Timothy Family Dental Center Fernandez, Michael GCIC Dental Office GentleCare Dental Associates Hafa Adal Family Dental, P.C. Harmon Loop Dental Office Hightower Dental Clinic Isa Dental Clinic

Island Dental Lee, Thomas K. Malabanan Jr., Ben Ordot Dental Clinic Paradise Smiles Dental Clinic Reflection Center Dental Care Seventh Day Adventist Dental Veloria, Tom S. Yang, Robert J. Yasuhiro, Stanley Endodontics Hightower Dental Clinic

Pediatric Dentistry
Ko. Hee Soo

Isa Dental Clinic Pediatric Dental Center

Periodontics Gatewood, Robert Kim, Jongsung (SDA Dental)

### Participating Clinics

Adult Health Care Clinic\* American Medical Center\* American Pediatric Clinic, LLC Byungsoo Kim, M.D.\* Cancer Center of Guarn, LLP Central Medical Clinic Clarence Uy, M.D.\* Dededo Polymedic Clinic Dr. Horinguchi's Wellness Clinic Express Care Health & Skin Care Center Guahan Behavioral Health Clinic Guarn Adult & Pediatric Clinic Guarn Behavioral Health & Wellness Center

Guam Dialysis Center<sup>a</sup> Guam E.N.T., LLC\* Guam Foot Clinic<sup>4</sup> Guam Medical Care Guam Medical Clinic Guam Medical Health Care Center Guam Medical Imaging Center\* **Guam Nursing Services**<sup>4</sup> Guarn Orthopedic Clinic\* Guam PolyClinic Guam Radiology Consultants\* GRMC Specialty Care Center\* Guarn SDA Clinics Guarn Sleep Center' Guam Specialist Group, PLLC<sup>\*</sup>

Guam Surgical Group\* Guam Surgicenter, LLC\* Guam Urology, LLC<sup>\*</sup> Hagatna MED Clinic Harmon Pediatrics Health Partners, LLC\* Health Services of the Pacific\* IHP Medical Groups Isla Pediatrics Island Cancer Center\* Island Eye Center\* Island Foot Specialists\* Island Surgical Center<sup>4</sup> Kallingal's Medical Clinic Latte Stone Cancer Care Leopoldo Arcilla, M.D.\*

Lombard Health\*
Marianas Pootcare Clinic
Marianas Physicians Group
MDX Imaging\*
Micronesia Medical and
Anesthesia Assoc., PLLC\*
MPG Pediatrics, PC
Northern Region
Community Health Center
Olivia Cruz, M.D.
One Love Pediatrics
Pacific Cardiology Consultants'
Pacific Hand Surgery Center\*
Pacific Radiology, Inc.
Pacific Retina Group, LLC\*

Pacific Retina Specialists Pacific Sleep Care **Pacific Sleep Center** Pacific Urology Consultants\* Pediatric & Asthma Clinic, PC PMC Isla Health System\* Renal Centers of Guarn\* Retina Centers of Guarn Romeo Samonte, M.D.\* Sagua Managu SDA Wellness Center Southern Region Community Health Center St. Anthony's Clinic St. Lucy's Eye Clinic\* The Doctor's Clinic

The Neurology Clinic\*
The Pediatric and
Adolescent Clinic
The Women's Clinic
Thomas Shleh, M.D.
Tumon Kidney Center\*
Tumon Medical Office
Tumon Pediatric Clinic
U.S. Renal Care
Sinajana Dialysis\*
United Family Medical Center
Young Chang, M.D.

### **Urgent Care Clinics**

American Medical Center 1244 N. Marine Corps Drive, Upper Tumon Fax: 647-8257 Phone: 647-8261/2 Hours: Monday - Friday 6:00pm - 9:00pm **Guam SDA Clinic** 388 Ypao Road, Tamuning Fax: 647-2557 Phone: 646-8881/2 Hours: Sunday 8:00am - 2:00pm

Hagatna MED Clinic 250 Route 4, Suite 203, Hagatna Hours: Monday-Friday 8:00am - 5:00pm Saturday 10:00am-2:00pm IHP Medical Group 655 Harmon Loop Road, Ste. 108, Harmon Fax: 633-4452 Phone: 633-4447 Hours: Monday-Friday 5:30pm - 8:00pm

## **Providers:** Participating Hospitals, Pharmacies and Services

Providers may change from time to time, we encourage you to call our customer service department.

### Allied Services

Acupuncture Chong, Richard Yu, Jong

Chiropractic Arthur, Steve Cogan, William J. Dimalanta Albert I. Gregory, Robert W. Larkin, Garv Larkin, Lani F. Larkin, Scott Martin, Francoise Martinez, Roger Miller, Gregory J.\* Nicdao, Placido

Durable Medical Equipment Guarn Med

White, Roderick

Vallotton, Dale

Health Services of the Pacific

Onedera-Gregory, Barbara

Healthcare Specialties Isla Home Infusion, Inc. **Medquest Medical Supply** 

Home Health Care **Guam Nursing Services** Guam Visiting Nurses Health Services of the Pacific\* Isla Home Infusion Paradise Home Care

Laboratory Diagnostic Laboratory Services & Bio Path

- Dededo Polymedic Clinic - Express Care Health & Skin Care

- GITC Blda - PeMar Place

- The Doctor's Clinic Lähtech

· American Medical Center

- Guam Adult & Pedlatric Clinic

- Guarn Medical Plaza

- IHP Medical Group

- PMC Isla Health System - Young Chang, M.D.

**Mental Health** Aguon, Risha Aguino, JoBeth Baleto, Jesse Baza, Lisa Bellis, Kirk Blas, Florence S. Calvo, Revna Cristobal, Hope Cruz, Jason L. Ismael, Ariel Kallingal, George Kane, Stephen Uzama, Tricla Miller, Lindsey

Natividad, LisaLinda Pangelinan, Hope

Rapadas, Juan Reves, Valerie Smith, Crystal Tolentino, Doris Toves, Louise

Optical Agahan Optical FHP Vision Center\* Garcia Optical Ideal Optical Ideal Vision Center Island Eve Center Lens Mart Optical Outlet New 20/20 Vision Center Panes Optical Seventh Day Adventist Eye Clinic\* Vision Express

**Physical Therapy** Bright, Kim Claros, Ryan

De Fluiter, Ron Golez, Rolan Lossey, Grace O'Connor, Shannon **Onherts Katy** Santos, Isaias Sibug, Mary Ann S.O.A.R. Physical Therapy

Radiology **Guam Medical Imaging Center Guam Radiology Consultants** MDX Imaging Pacific Radiology, Inc. The Doctor's Clinic

Sleep Center Guam Sleep Center Pacific Sleep Care Pacific Sleep Center

In-Area Hospitals

Guam **Guam Memorial Hospital Authority** 

Guam Regional Medical City

CNMI Commonwealth Health Center

### Participating Guam Pharmacies

**Community Pharmacy** American Medical Center (Tumon)

- Guam Adult & Pediatric Clinic

- PMC Isla Health System

Express Med Pharmacy American Medical Center

(Mangilao)

- Dededo

**Guam Medical Pharmacy** Guam Rexall Drugs Harmon Drugs

ITC Pharmacy

Perez, Lilli

- ITC Building - Photo Town Plaza

K-Mart Pharmacy

**Mega Drugs** 

- Daily Plaza Bldg - Oka Plaza Building **Minutes Rx Pharmacy** Oka Pharmacy Pacific Healthcare Pharmacy

Perezville Pharmacy Polymedic Pharmacy Sagan Amot Pharmacy

Seventh Day Adventist Pharmacy Super Drug

Dededo Pavless

Hagatna Payless

- IHP Medical Group - Oka Payless

Benefits provided by:



Pharmacy Benefits Manager BIN: 003650 Processor Control: 64

### Off-Island Provider Access

### Centers of Excellence

### Continental United States

**Doctor's Medical Center of Modesto** Modesto, California

### Good Samaritan Hospital

Los Angeles, California

- Advanced Cardiothoracic Surgery Medical Group
- Los Angeles Cardiology Associates
- \* Samaritan Anesthesiology Medical Group

Long Beach Memorial Medical Center Long Beach, California

St. Vincent Medical Center Los Angeles, California

White Memorial Medical Center Los Angeles, California

### U.S. PPO





Off- Island dependents have access to over 800,000 providers

in the U.S.A. through the PHCS/MultiPlan network.

www.multiplan.com

### **Philippines**

**Cardinal Santos Medical Center** San Juan, Metro Manila

Manila Doctor's Hospital Ermita Manila

National Kidney and Transplant Institute Quezon City, Manila

St. Luke's Medical Center Global City, Manila

Quezon City, Manila

The Medical City

Clark Freeport Zone, Pampanga Molo, Iloilo City Pasig City, Manila

### Taiwan

**China Medical University Hospital** Taichung, Taiwan

Shin Kong Wu Ho-Su Memorial Hospital Taipei

Talwan Adventist Hospital Taipei

### Other Participating Providers

**Continental United States** Advanced Urology Medical Group Anaheim, California

Anaheim Global Medical Center Anaheim, California

Chapman Global Medical Center Orange, California

**Orange County Global Medical** Center

Santa Ana, California

South Coast Global Medical Center Santa Ana, California

Cedars-Sinai Medical Center Los Angeles, California

Children's Hospital of Los Angeles Los Angeles, California

St. John's Health Center Santa Monica, California

### Hawaii

Kapiolani Center for Women & Children Honolulu

Straub Clinic and Hospital Honolulu

The Cancer Center of Hawali Ewa Beach

**University Clinical Education Research Associates** Honolulu

### Korea

Samsung Medical Center Seoul, Korea

### **Hong Kong**

Hong Kong Adventist Hospital -Stubbs Road Hong Kong

### Japan

Kameda Medical Center Chiba



# **Urgent Care Facilities**

When urgent care is needed, you have access to the following providers.



### **American Medical Center**

1244 N, Marine Corps Drive, Upper Tumon

> Phone: 647-8261/2 Fax: 647-8257



### **Guam SDA Clinic**

388 Ypao Road, Tamuning

Phone: 646-8881/2 Fax: 647-2557



### **IHP Medical Center**

655 Harmon Loop Road, Ste, 108, Harmon

> Phone: 633-4447 Fax: 633-4452



### **Hagatna Med Clinic**

Nanbo Guahan Bldg. Ste. 203, 250 Rte. 4, Hagatna

> Phone: 475-6500/1/2 Fax: 475-6520

# Wellness and Fitness

Our wellness programs provide a very dynamic and rewarding oppurtunity for our members to improve their LifeStyle and become healthier.

### **Health Risk Assessment**

You could be at risk for cancer or heart disease. Do you know how to reduce this risk? Health Risk Assessments are an easy way to discover your potential risks.

### Find out how

Take our simple, secure, online health assessment. All answers are confidential. See questions about your health habits and history.

Get reports uncovering risks you may not know about. Identify health concerns that need your attention.

Find out your next steps to getting and staying healthy Share your reports with your doctor.

### **Healthy Coaching: Wellness Classes**

Some programs require fees and/or co-pays and pre-approval by plan.



**NEWSTART Program Diabetes Education Baby Feeding** Childbirth Preparation **Prenatal Classes** 7 Day Detox Stop Smoking Seven-Day Shape-up



Diabetes Clinic Smoking Cessation Cholesterol and Hypertension Clinic Stress Management Weight Loss Clinic

### GovGuam On Site Wellness Activities

Aerobics **Body Combat** Cardio Circuit CrossFit TRX

Walking Sessions Yoqa Zumba Mixxed Fit



Have fun and invigorate your body with one of our many fitness classes. With classes like Zumba, Hip Box, Barre Sweat, and Water Aerobics, you're guaranteed an exciting workout. Designed to suit all ages and abilities, all classes are delivered by highquality, professionally certified instructors.

Classes are on a First-Come, First-Served Basis. Must present Calvo's SelectCare identification card at reception area.

Classes held at Synergy East Hagátña and Maite locations For class availability or for more information please call Sahile Biscoe: (671) 479-7964 | Tracy Cantimbuhan: (671) 479-7985

FREE to all Calvo's SelectCare Members!

### Fitness Partners 100% Coverage for GovGuam Members



### Paradise Fitness Center

Hagátña Tel: 475-2100/1

Monday through Friday 5am to 9pm Saturday | 7am to 5pm Sunday | 7am to 12pm

Dededo Tel: 635-2100/1

Monday through Thursday **OPEN 24 HOURS** Friday | 4am to 9pm Saturday and Sunday 7am to 7pm



**Custom Fitness** 

Anigua Tel: 989-0436

Monday through Friday 5am to 1pm | 3pm to 7:30pm Saturday | 7am to 2pm Sunday | Closed



### **Synergy Studio**

Maite Tel: 472-9642

Monday | 5pm to 8pm Tuesday

5am to 8am, 5pm to 8pm Wednesday | 5am to 8am Thursday 5am to 8am, 5pm to 8pm Saturday/Sunday

9am to 12pm

Hagātña

Tel: 472-7674

Monday through Thursday 6pm to 8pm Saturday and Sunday 9am to 12pm



### Unified

**Tamuning** Tel: 671-969-8641

Monday through Thursday 5am to 7:30pm Saturday | 7am to 2pm Sunday | Closed

# **Health and Wellness Rewards**

Members can participate in multiple wellness incentive programs that will allow them to earn up to a maximum of \$200 per self only enrollment or \$400 per self and family enrollment for the benefit year. Incentive amounts will be calculated 60 days after the end of the policy or contract period or year, and payment will be made within 30 days after the calculation date. Members must complete a claim reimbursement form and submit to Calvo's SelectCare along with proper documentation in order to claim benefit.

### Criteria/Requirement

Completion of the SelectCare Online Health Risk Assessment (HRA) by covered adults, age 18 and older, once per benefit year.	\$25.00
Completion of biometric screening (weight, blood pressure, glucose, cholesterol and BMI) by covered adults, age 18 and older, once per benefit year.	\$25.00
Annual physician office visit for diabetes with HgbA1c, LDL-C and annual eye exam testing by covered individuals with Diabetes Type 2, once per benefit year.	\$25.00
Annual physician office visit for cardiovascular conditions with LDL-C testing by adults, age 18 and older, once per benefit year.	\$25.00
Annual physician office visit for women, ages 42-69, for breast cancer and screening mammogram once per benefit year.	\$25.00
Annual physician office visit for colorectal cancer for ages 50 and above with any of the following services: colonoscopy, sigmoidoscopy and fecal occult blood test once per benefit year.	\$25.00
Annual physician office visit for cervical cancer for women, ages 21-64, with pap smear once per benefit year.	\$25.00
Completion of SelectCare's Smoking Cessation Program by adults, age 18 and older, once per benefit year.	\$25.00

# **Gym/Fitness Reward**

Members will be rewarded \$75 for each GovGuam quarter by working out 10 days per month for three (3) consecutive months.

Members may enjoy exclusive no-cost memberships at several gym/fitness partners (Must be 18 yrs. or older)

### To earn the Gym/Fitness Reward, members must complete the following requirements:

- Enroll and complete the Calvo's SelectCare Health Risk Assessment
- Select one of our gym/fitness partners and receive your validation card
- Work out at least ten (10) days per month at the selected gym/fitness partner for three consecutive months per GovGuam quarter
- GovGuam Quarters: October to December, January to March, April to June, July to September
- · Get your fitness card validated each day you work out
- Submit the completed validation cards to our administrative office no later than sixty (60) days after the end of each quarter
- Rewards will be paid within sixty (60) days after the proper submissions of the fitness cards



Member Reward



# **Air Ambulance Services**

### 50% off Air Ambulance Services!

Air Ambulance and Plan approval required. Certain qualifying conditions apply. Please contact us today for any questions.

# **Airfare Benefit**

When certain critical conditions occur, you may qualify for round trip airfare to include:

- The member needing care
- An escort to provide assistance
- A medical escort, is medically necessary

This benefit applies to our Center of Excellence Network only. Pre-certification and Pre-approval is required.

# New Calvo's SelectCare Mobile Access

Mobile app is coming soon. Members can now get information and access from their mobile devices to:

- View Claims Information
- Find a Provider
- Look through your Benefits
- Review your Member Handbook
- View the Summary of Benefits Coverage





Visit us on the web www.calvos.net



Customer Service Email service@calvos.com















# The OptumRx Mobile App is designed for wellness on-the-go.

- On-the-go access to your personalized health
- information!
   Download the app to take advantage of the
- benefits your pharmacy plan offers.
   Get the app > Apple App Store I
   Google Play Store | Scan QR Code

### With the Mobile App in your pocket:

- Never miss dose!
- Stay on top of medication refills
- Show your doctor exactly what medications you are taking.
- Pull up your medication history medicine anytime.
- Learn about medication side effects & interactions. and much more!

### **Low Cost Mail-Order Prescription**

Prescriptions Drug costs add up. Our mail service pharmacy can help you save money.

The convenient and cost-effective way to get your prescriptions filled!





Take advantage of these special offers!



25% OFF on all HealthSmart Items!



10% OFF on all Produce every Saturday!



CRUST

20% OFF

20% OFF Dinner

10%OFF

10%OFF

# Download the App!

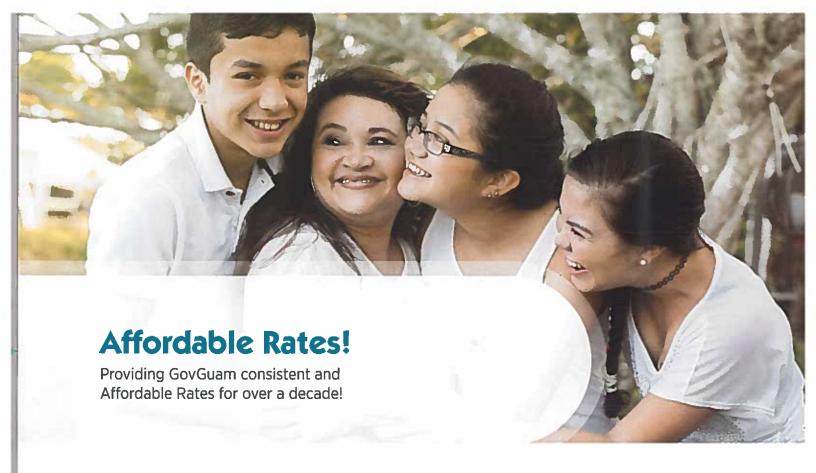
See all the special offers from our Lifestyle Club partners!





Call 472-6816 today for more information!





# for **You** and **Your Family**

Actives (Bi-Weekly)	GovGuam HSA2000	GovGuam SC1500	GovGuam <b>denta</b> l	
Class 1: EE	\$0	\$ 33.20	\$ 7.11	
Class 2: EE and Spouse	\$ 23.65	\$ 94.59	\$ 24.07	
Class 3: EE and Child(ren)	\$ 19.62	\$ 78.75	\$ 18.94	
Class 4: EE and Family	\$ 33.50	\$ 131.77	\$ 32.03	

Retirees (Semi-Monthly)	GovGuam HSA2000	SC1500	GovGuam dental	
Class 1: EE	\$ O	\$ 35.96	\$ 7.70	
Class 2: EE and Spouse	\$ 25.62	\$ 102.47	\$ 26.07	
Class 3: EE and Child(ren)	\$ 21.25	\$ 85.31	\$ 20.52	
Class 4: EE and Family	\$ 36.30	\$ 142.75	\$ 34.69	

# Staying with SelectCare is Simple

You do not need to complete any forms Your plan will automatically roll over

# Five Healthy Reminder Tips:

- Get your annual Check-up with your physician
- Eat at least 2 cups of fruits and vegetables a day
- Drink 9-13 cups of water daily
- · Get at least 30 minutes of moderate physical activity daily
- · Get 7-9 hours of sleep everyday

Notes:				
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Thank you for staying with Calvo's SelectCare Healthcare that is there for you

### Guam

115 Chalan Santo Papa P.O. Box FJ Hagâtña, Guam 96932 Phone: (671) 477-9808 Fax: (671) 477-4141

# Saipan

Oleai Center Bldg., San Jose P.O. Box 500035, Saipan, MP 96950-003 Phone: (670) 234-5690/9 Fax: (670) 234-5696

### Palau

JR Professional Bldg., Suite 2 P.O. Box 10248, Koror, Palau 96940 Phone: (680) 488-7222 Fax: (680) 488-7333

### **Philippines**

5th Floor, First Life Center 174 Salcedo Street, Legaspi Village Makati City, Philippines Phone: (632) 759-2871/813-1989 Fax: (632) 759-3126

### St. Luke's Medical Center: Global City

Rm. 1008 10th Floor Medical Arts Building 32nd St. Bonifacio Global City Taguig City, 1112 Philippines Phone: (632) 555-0443/0448 Fax: (632) 555-0438

### St. Luke's Medical Center: Quezon City

Rm. 716 7th Floor, North Tower Cathedral Heights Building Complex St. Luke's Medical Center Compound #279 E. Rodriguez Sr. Avenue, Quezon City, Philippines Phone: (632) 413-1312 Fax: (632) 413-5721

### The Medical City: Pasig City

Business Center, 9th Floor The Medical City, Ortigas Center Pasig City, Philippines Phone: (632) 650-0589

### Web

www.calvos.net





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