

## **Assessment & Counseling Department**

### **Our Mission**

To provide a wide range of services to assist students in attaining their academic, career and personal goals.

### **Our Vision**

We recognize that the challenges that accompany being in school can lead to personal problems, interpersonal difficulties, and emotional stress. The Counseling Department can support students in their experiences in pursuit of their education, by addressing their career-related needs, and by promoting healthy and positive behaviors, views, relationships, and personal growth in a safe, confidential, and supportive environment. We will hold to the highest professional and ethical standards as we provide counseling services to address these challenges. We aim to provide the opportunity to foster this development to a culturally, economically, racially and religiously diverse student body.

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### **[Request for Virtual or Walk-in Counseling Services](#) [1]**

Virtual and Walk-in Counseling Services Schedule  
**Mondays – Fridays**

**8:00 AM – 3:00 PM**

Students will be contacted in the order in which requests are received during regular hours of operation from 8:00am to 4:00pm.

(Closed on GovGuam Holidays. All other hours by appointment only)

### **[How to add classes using MyGCC](#) [2]**

- **[Counseling Services Available](#) [3]**
- **[Counseling Resources](#) [4]**

## [GCC English and Math Placement \[5\]](#)

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### Resources for COVID-19

If you are worried or anxious and need immediate help, please call the Guam Behavioral Health and Wellness Center (GBHWC) Hotline at [\(671\)647-8833 \[6\]](#). GBHWC has also recently launched Telehealth counseling services (individual/group counseling) with Dr. Fegurgur (Licensed Telehealth provider). You can also contact the Centers for Disease Control and Prevention: [Centers for Disease Control and Prevention – Stress & Coping \[7\]](#)

- [GCC Virtual Calming Room \[8\]](#)
- [Free Individual Counseling Services \[9\]](#) for GCC Students and Employees provided by WestCare. Call (671) 989-1962 or Email [uplift@westcare.com \[10\]](mailto:uplift@westcare.com)
- [Depression and College Students \[11\]](#) (National Institute of Mental Health)
- [Contact Information of Community Resources \[12\]](#) (Click on the "Get help" link on the right side to view list)
- [Isa Psychological Services Center Behavioral Health Provider Resource List \[13\]](#)

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